

BEAUTY REFINERY

Belle Beauty Therapy Ltd
504 Dingwall Building, 87 Queen Street, Auckland 1010

All of the information you provide is confidential and will only be accessed by the therapists performing or assisting with your treatments. We ask for this information so that we can provide you with a safe and successful treatment.

PERSONAL PROFILE

Name
Date of birth
Phone
Email
Address

Occupation

Doctor/GP
Practice

ESSENTIAL MEDICAL INFORMATION

Allergies

Illnesses

Medications (include topical)

Injuries

HISTORY OF SENSITIVITY TO:

Any beauty therapy treatment:

Any skincare product:

Adhesive, sticking plaster, topical product:

ARE YOU PREGNANT?

Yes Weeks No

ARE YOU BREASTFEEDING?

Yes No

CONSENT

Upon reading and signing this consent form I understand that although all professional care is taken in delivering the best possible treatment and advice at the time, I will not hold Beauty Refinery clinic or staff liable, if for some unforeseen reason there is an adverse reaction or side effect during or after the treatment. I also agree to follow all home care advice given to me once I leave the premises.

I also understand that I am personally responsible for the after care of my skin once I leave the clinic. This consent applies to all treatments I have at Beauty Refinery, and I will update my information with my therapist should any of it change prior to treatment.

I confirm that I have read and understood Beauty Refinery's pre and post care treatment advice, and all of my questions have been answered.

I also confirm that I am 16 years of age or older.

Name:

Date:

Signature:

WAXING - FACE & BODY

BEFORE & AFTER ADVICE

1. Do not use any exfoliators ON THE DAY of your wax treatment e.g. AHAs, BHAs, Ingrown hair treatment, exfoliating mask.
2. Avoid vigorous exercise, friction, chlorinated water, irritants/fragranced products, hot yoga, sauna, tanning (outside, in a tanning booth or false tan/spray-tanning) or anything that will heat the skin immediately before and for 24 HOURS after waxing.
3. Inform your therapist if you are using topical retinol, hydrocortisone cream, antibiotic cream or any prescription treatment in the area, and cease use at least 48 HOURS before treatment.
4. Inform your therapist if you are using , or have ever used any acne drugs e.g. Roaccutane, Orrotane, Isotane or other.
5. Do not wax within 1 WEEK of a facial peel, microdermabrasion or paramedical facial or injectables. Speak to your therapist.
6. Avoid shaving, electrolysis and depilatory creams for 2 WEEKS prior to waxing. We need the hair length to be roughly 5-10mm for proper removal, and cannot guarantee full hair removal due to other hair removal methods, differing hair growth patterns and hair thickness.
7. Avoid IPL or Laser for 4 WEEKS before and after waxing.
8. For best results wax every 4 - 5 WEEKS for optimum removal and minimum discomfort.
9. For ingrown hairs, we recommend Bump Eraser. Available in a spray for minor ingrown hairs or large areas, or a paste for larger slower to heal ingrown hairs, each \$25 at Beauty Refinery. Speak to your therapist for more advice.

MASSAGE

BEFORE & AFTER ADVICE

1. Inform your therapist if you are PREGNANT. We will give you a clearance form to be signed by your LMC before your appointment. We only massage after 14 weeks.
2. Inform your therapist if you are undergoing any treatment for injury or tension, e.g. physio, chiropractor, acupuncture.
3. Please do not have a massage if you are feeling unwell or have a headache or migraine. Massage can exacerbate these symptoms.
4. We cannot massage skin that is burnt in any way (sunburn or other), bruised, wounded, freshly waxed or impaired in any way.
5. Stay well hydrated before and after your massage as your body will be detoxing a little.
6. We don't recommend doing anything too strenuous after massage - skip the gym and chores!
7. Some gentle stretching and shoulder rolling after your massage can help to keep tension from creeping back to your muscles.